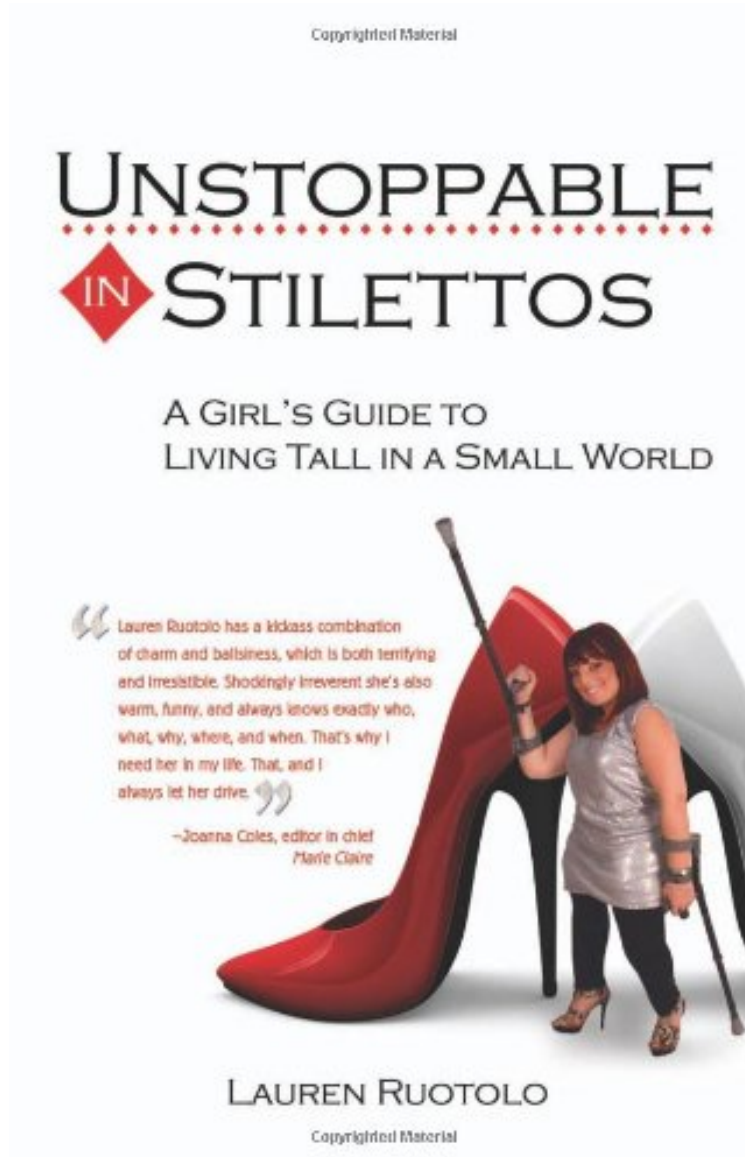


(Download pdf ebook) Unstoppable in Stilettoes: A Girl's Guide to Living Tall in a Small World

Unstoppable in Stilettoes: A Girl's Guide to Living Tall in a Small World

Lauren Ruotolo

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Lauren Ruotolo : Unstoppable in Stilettoes: A Girl's Guide to Living Tall in a Small World before purchasing it in order to gage whether or not it would be worth my time, and all praised Unstoppable in Stilettoes: A Girl's Guide to Living Tall in a Small World:

1 of 1 people found the following review helpful. amazing and inspiringBy Carly KevinWhen I first opened this book

I thought it was going to be a biography -- I was TOTALLY wrong. Besides also having FD, Lauren gave wise advice on being a woman and taking control of your life. I am so inspired by this book and think it is an important book for every woman to read. 2 of 2 people found the following review helpful. Amazing!!!!!!!!!!!!!!By chubby bubbaI read this book in one sitting because it is the most amazing, honest, uplifting, mindblowing book I have ever read. Lauren is person who has a true gift to teach anyone who reads her book and realizes what a gift she has given us, the reader, a look into her heart and mind. Never again can the reader say I cannot achieve my goals because..... If you have the good sense to know that you can and get up and stop your pity party you can knock the world on it's BUTT! LOL, CB3 of 3 people found the following review helpful. Amazing!!By spicyOne word sums up this book and the author - AMAZING!!! Lauren's lessons are on point! What a great read; such a pleasure to see life through Lauren's writing and "Oh so matter of fact" point of view!! I recommend this book to everyone who finds themselves complaining about nothing all the time and needs a good kick in the keister to stop. Sit back and enjoy!! Oh don't forget to wear your best shoes for the ride :) LML

How to Live Large Every Day and Kick Butt Along the Way! How does a girl who was originally predicted to live a wheelchair-bound existence become adventurous, self-assured, successful, and . . . unflappable? Standing 4 feet 2 inches tall in flats (which she would never be caught dead in, anyway), Lauren Ruotolo has spent her thirty-four-ish years seeing the world from a unique angle upward facing. Lauren was born with McCune-Albright syndrome, a mysterious and rare genetic disease that researchers say occurs in anywhere between 1 in 100,000 and 1 in 1 million people. Some people with the condition tend to go the wheelchair route, but that was never a road Lauren wanted to travel. Her preferred method of transportation, instead, includes stiletto heels. Lauren has avoided the label of 'disabled' through uniquely discovering who she really is, and now you, too, can learn the secrets to living life in a big way. In *Unstoppable in Stilettos*, Lauren offers you 'Lauren's Lessons,' in which she shares her hard-earned wisdom and life experiences to offer you a unique brand of life philosophies that you can apply to any of the rights of passages you may be experiencing as a Twenty-first Century Woman, including: Navigating social pressures Avoiding the label game Overcoming insecurities Combating career confusion Turning rejection and obstacles into triumph Dealing with toxic people Discovering true self-expression and so much more. With *Unstoppable in Stilettos* you will have the tools to carve out your own path to self-confidence, success, and individualism . . . and have a blast along the way. Lauren Ruotolo is the director of entertainment promotions at Hearst Magazines in New York City, where she is responsible for developing strategic key partnerships with television and cable networks, music labels, and movie studios. She recently helped produce E!'s Style Network show about the inner workings at Marie Claire fashion magazine and is working on two one-hour specials with Scripps Networks for Esquire and Food Network Magazine. Lauren joined Hearst Magazines from TV Guide magazine, where she was the director of consumer marketing and promotions and created the first-ever newsstand promotion in the United States with a CD on the cover. Ruotolo's first-person essay, 'Get Shorty,' which shared her philosophies on living with the rare genetic disorder McCune-Albright syndrome, was published in Marie Claire magazine in 2009 and was one of the most responded-to articles in the magazine's history. Ruotolo is on the advisory board of GlamourGals Foundation, Inc., Love Our Children USA, and is an active member in the New York chapter of Women in Communications. Visit Lauren on Facebook, follow her on Twitter (Laurenjaenyc), or log on to www.unstoppableinstilettos.com and www.laurenruotolo.com.

Walking in stilettos is an accomplishment all its own. Walking in them when you're not even suppose to be walking is another. "Unstoppable in Stilettos: A Girl's Guide to Living Tall in a Small World" is an inspirational memoir from Lauren Ruotolo, predicted to be wheelchair bound her entire life due to a rare disease called McCune-Albright syndrome. Instead of accepting the diagnosis, she spat in its face and has lived a successful and driven life that would make any 'normal' person seem lame. "Unstoppable in Stilettos" is uplifting and very highly recommended motivational reading. (Midwest Book)About the AuthorLauren Ruotolo is the Director of Entertainment Promotions at Hearst Magazines in New York City, where she is responsible for developing strategic key partnerships with TV cable networks, music labels, and movie studios. She recently helped produce E!'s Style Network show about the inner workings at Marie Claire fashion magazine and is working on two one-hour specials with Scripps Networks for Esquire and The Food Network magazine. Lauren joined Hearst Magazines from TV Guide Magazine, where she was the Director of Consumer Marketing Promotions and created the first ever U.S. newsstand promotion with CD on the cover. Ruotolo's first-person essay "Get Shorty," which shared her philosophies on living with the rare genetic disorder McCune-Albright syndrome, was published in Marie Claire magazine in 2009, and was one of the most-responded to articles in Marie Claire. Ruotolo is on the advisory board of Glamour Gals, Love Our Children USA, and is an active member in the NY chapter of Women in Communications. Visit Lauren on Facebook, follow her on Twitter (laurenjaenyc), or log onto www.unstoppableinstilettos.com and www.laurenruotolo.com.