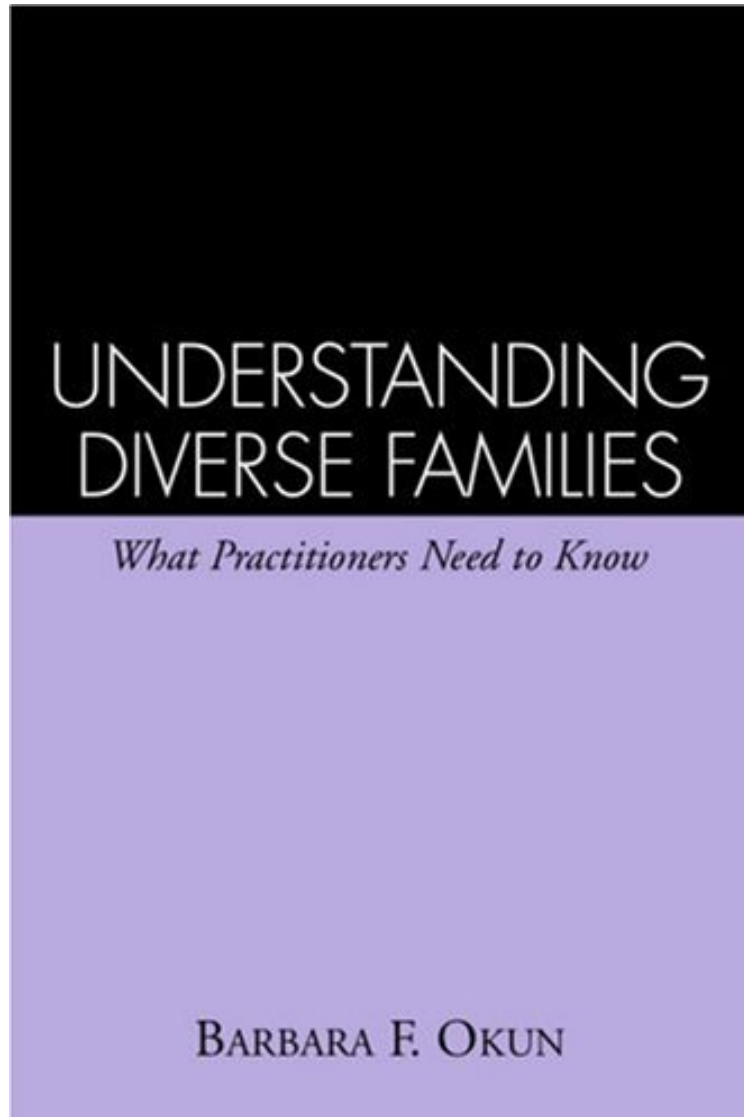


[Download] Understanding Diverse Families: What Practitioners Need to Know

## Understanding Diverse Families: What Practitioners Need to Know

*Barbara F. Okun PhD*

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**Barbara F. Okun PhD : Understanding Diverse Families: What Practitioners Need to Know** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Understanding Diverse Families: What Practitioners Need to Know:

0 of 0 people found the following review helpful. A Must for Treating Diverse Families By vault1 This book is engaging and a thoroughly helpful book if you're considering therapy with families. It breaks down the impact of adoption, the different types of adoption, and the concerns of each member of the adopted family. This book is a must own for those in Family Therapy, it should be on all or your bookshelves.

Today's mental health practitioners face a rapidly changing clientele. Divorce, remarriage, multiracial marriages, different types of adoption, openly gay and lesbian relationships--all have significantly altered the nature and composition of families. An indispensable classroom text and an important resource for clinicians working in private practice, managed care, and other settings, this book insightfully examines a range of healthy families with creative family structures.

"A groundbreaking contribution....Having been involved in multicultural psychology all my professional life, I have found the traditional Euro-American definition of 'family' inadequate and detrimental in a culturally diverse society. Okun provides a conceptual framework that allows us to redefine families, to understand the historical, political, and sociocultural influences on current families, and to articulate clinical issues relevant to mental health practitioners. What is outstanding about the book is the unusual balance between theoretical, research, and subjective perspectives. Okun's book contains the voices of many couples and families whom she has interviewed over the years. Thus, academic and intellectual concepts are brought to life by the many who reside in families different from our own." -- Derald Wing Sue, PhD, California State University, and California School of Professional Psychology  
"Barbara Okun's admirable book profoundly challenges our society's predominant definitions of family....Well-researched, comprehensive, and easy to read, *Understanding Diverse Families* should be required reading for all family therapists. It raises profound challenges about what a family is, exploding once and for all the myth that it takes two biological parents, and in particular one primary caretaker mother, to have a family. Instead, Okun shows us that workable, happy, productive, vibrant, and committed families come in a great variety of constellations. She has a broad perspective on the societal factors that impinge on families and offers a wealth of insight and information about adoptive, gay and lesbian, multicultural, and other families. Bravo for the scholarship, creativity, and insights of this crucial text which will help us to care for all families as we move into the 21st Century." --Monica McGoldrick, LCSW, PhD (h.c.), Family Institute of New Jersey